

Welcome to the TRUSD eWAG. We hope you find this electronic week at a glance helpful.

We are actively soliciting information on events and news items from our schools, departments and community organizations. Please send them to [Kathy.Young@twinriversusd.org](mailto:Kathy.Young@twinriversusd.org) or call our Communications Department at 916.566.1628.

## Quote of the Week

"Example is not the main thing in influencing others. It is the only thing."

-Albert Schweitzer(1875-1965)  
Recipient of the 1952 Nobel Peace Prize

## Events, Gatherings & Meetings

### Saturday, September 12

- ~ Yard Sale, Morey Avenue Early Childhood Development Center, 7 am to noon
- ~ Del Paso Heights Farmers' Market, Robertson Community Center, 3525 Norwood Avenue, Sacramento, 7:30 am to noon, WIC (Women, Infants and Children) and EBT (Electronic Benefit Transfer) accepted
- ~ Backyard Composting Seminar sponsored by City of Sacramento Department of Utilities Solid Waste Services, Grant High School GEO Garden, 1221 South Avenue, Sacramento, 8 to 10 am, for more information call 916.264.5011
- ~ [Elkhorn Farmers' Market](#), Towne Center, Watt Avenue and Elkhorn Boulevard, North Highlands, 8 am to noon
- ~ "[Solar Schoolhouse Solar Primer](#)" professional development for educators of grades 4-12 at SMUD (Sacramento Municipal Utility District), 6301 S Street, Sacramento, 8:30 am to 3:30 pm
- ~ Car wash to benefit WPCS - Westside Campus 7th graders, Food Source parking lot, 430 Elkhorn Boulevard, Rio Linda, 10 am to 2 pm
- ~ Prevention and Wellness Fair with free car seat inspections, SNAHC (Sacramento Native American Health Center), 2020 J Street, Sacramento, 10 am to 3 pm
- ~ Free Teacher Appreciation Day, Crocker Art Museum, noon to 3 pm, call 916.808.1182 or email [education@crockerartmuseum.org](mailto:education@crockerartmuseum.org) to register
- ~ [Celebrate Natomas!](#), South Natomas Community Park/Center/Library, 2921 Truxel Road, Sacramento, noon to 8 pm
- ~ [Concert in the Park](#) featuring John Skinner's Fabulous Band and sponsored by Supervisor Susan Peters, Pioneer Park, Old Foothill Farms, 3 to 6 pm
- ~ Second Saturday Art Exhibition and Phantom Galleries Participation, VAPA (Visual and Performing Arts) featuring Rio Linda High School, 2100 Del Paso Boulevard, Sacramento, 6 to 9 pm
- ~ VOX Sacramento presents "flickr" Photographers Group Show benefiting CCAA (Creative Connections Arts Academy), 1931 H Street, Sacramento, 6 to 10 pm, CCAA drama troupe performs at 6:30 pm, [click here](#) for details

### September 12-13

- ~ California Capital Airshow, online ticket purchases benefit TRUSD, Mather Airport, 10 am to 4 pm, [click here](#) to purchase tickets

### Sunday, September 13

- ~ [Community Yard Sale](#) sponsored by Fulton-El Camino Recreation and Park District, Howe Park, 2201 Cottage Way, Sacramento, 7 am set up and shopping from 8 am to 1 pm, call Clara or Teri at 916.927.3802 x 114 for information
- ~ Dinner and cultural performance hosted by Pacers for Peace to welcome students from Seiryō High School of Matsuyama in Japan, Grant High School Cafeteria, 4 pm, cost of admission is one culinary specialty to feed 4 to 6 people

### Monday, September 14

- ~ "Toramai" tiger dance performance by Matsuyama Seiryō High School students, Foothill High School, 8:30 am

### Tuesday, September 15

- ~ American River Salmon School Days (for 4th grade students and teachers) application deadline, call 916.808.5264 for details

~ "Toramai" tiger dance performance by Matsuyama Seiryō High School students, Grant Union High School, 9:47 to 10:45 am, video conference at 4:45 pm  
~ Board of Trustees Meeting, District Office Bay A, 6:30 pm

### **Wednesday, September 16**

~ [Bright Beginnings](#) for parents with children ages 0 to 5 years, Firehouse Community Center, 810 Grand Avenue, 10 am to noon, call 916.567.9567  
~ Back to School Night, Morey Avenue Early Childhood Development Center, 5:30 to 6:30 pm

### **Thursday, September 17**

~ [Community Farm Stand](#), Las Palmas Adult School, corner of Las Palmas Avenue and Fairfield Street, Sacramento, 8:30 to 10:30 am, EBT (Electronic Benefit Transfer) accepted  
~ Community Farm Stand, Freedom Park Head Start, 6015 Watt Avenue, North Highlands, noon to 2 pm, EBT (Electronic Benefit Transfer) accepted

### **Friday, September 18**

~ Spaghetti Dinner and Drawing, Creative Connections Arts Academy, 6 to 8 pm

### **September 18-19**

~ Going the Distance Together, walk for fatherless young men, presented by Shoulder to Shoulder, Martin Luther King Jr. Technology Academy, 5 to 8 pm Friday and 8 am to 5 pm Saturday, call 916.773.3311

### **September 18-20**

~ Grant Union High School Class of 1984 25th Class Reunion, [click here](#) for details  
~ Reno Air Races & Airshow, online ticket purchases benefit TRUSD, Reno Stead Airport, 8 am to 4:30 pm, [click here](#) to purchase tickets

### **Saturday, September 19**

~ Del Paso Heights Farmers' Market, Robertson Community Center, 3525 Norwood Avenue, Sacramento, 7:30 am to noon, WIC (Women, Infants and Children) and EBT (Electronic Benefit Transfer) accepted  
~ [Elkhorn Farmer's Market](#), Towne Center, Watt Avenue and Elkhorn Boulevard, North Highlands, 8 am to noon  
~ Robla Cleanup Day, meet at Robla Community Park, 8 am to noon  
~ Playground and Butterfly Garden Grand Opening, Community Center Park, 810 Oak Lane, Rio Linda, 10 am  
~ E.A.T. from the Garden free adult cooking and gardening classes, last class, 10 am to 1 pm, call Fatima Malik at 916.256.6593 or Genine Morris at 916.256.6100  
~ Car wash to benefit WPCS - Westside Campus 8th graders, Food Source parking lot, 430 Elkhorn Boulevard, Rio Linda, 10 am to 2 pm  
~ Oktoberfest 2009 to benefit Kops-N-Kids, Brew It Up, 801 4th Street, Sacramento, 6 pm, for tickets e-mail Lisa Hinz at [lisa@kopsnkids.com](mailto:lisa@kopsnkids.com)

## Looking Ahead

### Now through October 16

TRUSD Essay/Poster Contest for grades K-12, for details call Gewon Richards at 916.566.1600 x 1264

### September 21

Open Enrollment (Benefits) Workshop for TRUSD employees, District Office Bay A, 8 to 10 am  
TRERC (Twin Rivers Employee Relations Council), District Office, Pine Room in Bay A, 4:15 pm

### September 23

[Bright Beginnings](#) for parents with children ages 0 to 5 years, Firehouse Community Center, 810 Grand Avenue, Sacramento, 10 am to noon, call 916.567.9567  
Creative Connections Arts Academy college field trip for grades 7-8, University of California, Berkeley

### September 24

[Community Farm Stand](#), Las Palmas Adult School, corner of Las Palmas Avenue and Fairfield Street, Sacramento, 8:30 to 10:30 am, EBT (Electronic Benefit Transfer) accepted  
Community Farm Stand, Freedom Park Head Start, 6015 Watt Avenue, North Highlands, noon to 2 pm, EBT (Electronic Benefit Transfer) accepted  
Family Skate Night for Creative Connections Arts Academy students and families, Roller King, Roseville, 6 pm

### September 25

Open Enrollment (Benefits) Workshop for TRUSD employees, District Office Bay A, 3 to 6 pm

#### September 25-26

Highlands High School Class of 1984 25th Class Reunion, [click here](#) for details

#### September 26

Del Paso Heights Farmers' Market, Robertson Community Center, 3525 Norwood Avenue, Sacramento, 7:30 am to noon, WIC (Women, Infants and Children) and EBT (Electronic Benefit Transfer) accepted

[Elkhorn Farmers' Market](#), Towne Center, Watt Avenue and Elkhorn Boulevard, North Highlands, 8 am to noon  
[TRUSD Elementary Schools' Soccer and Kickball Jamboree](#), Foothill High School, free pancake breakfast from 7:30 to 9 am, activities and games from 9 am to 2 pm

Sacramento World Music & Dance Festival, Benvenuti Performing Arts Center, matinee at 3 pm and evening performance at 7:30 pm

#### September 27

Sacramento World Music & Dance Festival, Historic Old Sacramento, 10 am to 5 pm

#### September 30

Postmark deadline for Safety Poster Contest sponsored by Sacramento City Police and Fire, visit [www.sacfire.org](http://www.sacfire.org) for entry form or call 916.808.1357

[Bright Beginnings](#) for parents with children ages 0 to 5 years, Firehouse Community Center, 810 Grand Avenue, Sacramento, 10 am to noon, call 916.567.9567

["Math Around the World"](#) professional development for educators of grades 3-12 at SMUD (Sacramento Municipal Utility District), 6301 S Street, Sacramento, 4 to 7 pm

#### October 1

[Community Farm Stand](#), Las Palmas Adult School at the corner of Las Palmas Avenue and Fairfield Street, Sacramento, 8:30 to 10:30 am, EBT (Electronic Benefit Transfer) accepted

Community Farm Stand, Freedom Park Head Start, 6015 Watt Avenue, North Highlands, noon to 2 pm, EBT (Electronic Benefit Transfer) accepted

Fundraiser to benefit Rio Linda High School Jazz Ensemble, The Station, 1100 Orlando Avenue, Roseville, 4 to 8 pm

#### October 3

TRUSD Boys and Girls Kickball Tournament for grades 2-3, Strauch Elementary, for details call Gewon Richards at 916.566.1600 x 1264

Del Paso Heights Farmers' Market, Robertson Community Center, 3525 Norwood Avenue, Sacramento, 7:30 am to noon, WIC (Women, Infants and Children) and EBT (Electronic Benefit Transfer) accepted

[Elkhorn Farmers' Market](#), Towne Center, Watt Avenue and Elkhorn Boulevard, North Highlands, 8 am to noon  
["Electric Circuits"](#) professional development for educators of grades 4-8 at SMUD (Sacramento Municipal Utility District), 6301 S Street, Sacramento, 8:30 am to 3:30 pm

[Concert in the Park](#) featuring John Skinner's Fabulous Band and sponsored by Supervisor Susan Peters, Foothill Community Park, Foothill Farms, 2 to 5 pm with music starting at 3 pm

#### October 5-23

[Tick or Treat for Hunger](#) Canned Food Drive sponsored by TRUSD to benefit North Highlands Christian Food Ministry, Rio Linda/Elverta Ministerial Association Food Closet and TLC Soup Kitchen in Del Paso Heights, drop off sites are at our District Office and each high school, for details call 916.566.1758 or e-mail [zenobia.gerald@twinriversusd.org](mailto:zenobia.gerald@twinriversusd.org)

#### October 6

Board of Trustees Meeting, Foothill High School, 6:00 pm

#### October 7

[Bright Beginnings](#) for parents with children ages 0 to 5 years, Firehouse Community Center, 810 Grand Avenue, Sacramento, 10 am to noon, call 916.567-9567

School Library Reopening Ceremony, North Avenue Elementary, 6 to 7:30 pm

#### October 8

TRUSD Open Enrollment Deadline

[Community Farm Stand](#), Las Palmas Adult School, corner of Las Palmas Avenue and Fairfield Street, Sacramento, 8:30 to 10:30 am, EBT (Electronic Benefit Transfer) accepted

Community Farm Stand, Freedom Park Head Start, 6015 Watt Avenue, North Highlands, noon to 2 pm, EBT (Electronic Benefit Transfer) accepted

#### October 10

Flea Market, Smythe Academy of Arts and Sciences (elementary campus), 7:30 am to noon, call Vera Morris @

916.449.8622 for information or to rent a table

Del Paso Heights Farmers' Market, Robertson Community Center, 3525 Norwood Avenue, Sacramento, 7:30 am to noon, WIC (Women, Infants and Children) and EBT (Electronic Benefit Transfer) accepted

[Elkhorn Farmers' Market](#), Towne Center, Watt Avenue and Elkhorn Boulevard, North Highlands, 8 am to noon  
Foothill High School Class of 1984 25th Class Reunion, Jerue Residence, 8143 Daisy Hill Drive, Sacramento, 5 to 10 pm, [click here](#) for details

#### October 10-November 7

TRUSD Boys and Girls Soccer league play for grades 4 to 6, for details call Gewon Richards at 916.566.1600 x 1264

#### October 11

[Safety Fair](#), Public Safety Center, 5770 Freeport Boulevard, Sacramento, 11 am to 3 pm

#### October 14

[Bright Beginnings](#) for parents with children ages 0 to 5 years, Firehouse Community Center, 810 Grand Avenue, Sacramento, 10 am to noon, call 916.567-9567

["Renewable Energy: Wind"](#) professional development for educators of grades 6-12 at SMUD (Sacramento Municipal Utility District), 6301 S Street, Sacramento, 4 to 7 pm

#### October 15

[Community Farm Stand](#), Las Palmas Adult School, corner of Las Palmas Avenue and Fairfield Street, Sacramento, 8:30 to 10:30 am, EBT accepted

Community Farm Stand, Freedom Park Head Start, 6015 Watt Avenue, North Highlands, noon to 2 pm, EBT (Electronic Benefit Transfer) accepted

#### October 17

Del Paso Heights Farmers' Market, Robertson Community Center, 3525 Norwood Avenue, Sacramento, 7:30 am to noon, WIC (Women, Infants and Children) and EBT (Electronic Benefit Transfer) accepted

[Elkhorn Farmer's Market](#), Towne Center, Watt Avenue and Elkhorn Boulevard, North Highlands, 8 am to noon

[Free eWaste Fundraiser](#) to benefit Foothill High School baseball, Foothill High School, 9 am to 1 pm

[North Highlands Jubilee](#), North Highlands Community Center, 11 am to 3 pm

#### October 19

International Week featuring Japanese Club, Foothill High School

#### October 20

International Week featuring Asian Club, Foothill High School

#### October 21

International Week featuring African American Student Alliance, Foothill High School

[Bright Beginnings](#) for parents with children ages 0 to 5 years, Firehouse Community Center, 810 Grand Avenue, Sacramento, 10 am to noon, call 916.567.9567

#### October 22

International Week featuring Spanish Club, Foothill High School

[Community Farm Stand](#), Las Palmas Adult School, corner of Las Palmas Avenue and Fairfield Street, Sacramento, 8:30 to 10:30 am, EBT (Electronic Benefit Transfer) accepted

Community Farm Stand, Freedom Park Head Start, 6015 Watt Avenue, North Highlands, noon to 2 pm, EBT (Electronic Benefit Transfer) accepted

#### October 23

International Week featuring German Club, Foothill High School

#### October 24

Del Paso Heights Farmers' Market, Robertson Community Center, 3525 Norwood Avenue, Sacramento, 7:30 am to noon, WIC (Women, Infants and Children) and EBT (Electronic Benefit Transfer) accepted

[Elkhorn Farmers' Market](#), Towne Center, Watt Avenue and Elkhorn Boulevard, North Highlands, 8 am to noon

Board of Trustees Workshop, District Office Bay A, 10:00 am to 3 pm

#### October 26

Schools Closed - Non-Instructional Day (changed from original calendar)

#### October 28

[Bright Beginnings](#) for parents with children ages 0 to 5 years, Firehouse Community Center, 810 Grand Avenue, Sacramento, 10 am to noon, call 916.567-9567

Robla Park Community Association general meeting, location TBD, 7 to 9 pm

#### October 29

[Community Farm Stand](#), Las Palmas Adult School, corner of Las Palmas Avenue and Fairfield Street, Sacramento, 8:30 to 10:30 am, EBT (Electronic Benefit Transfer) accepted

Community Farm Stand, Freedom Park Head Start, 6015 Watt Avenue, North Highlands, noon to 2 pm, EBT (Electronic Benefit Transfer) accepted

Essay/Poster Contest Awards Ceremony, District Office Bay A, 6 pm

Fall Carnival featuring over 20 games with stuffed animal prizes, Creative Connections Arts Academy, 6 pm

#### October 31

Del Paso Heights Farmers' Market, Robertson Community Center, 3525 Norwood Avenue, Sacramento, 7:30 am to noon, WIC (Women, Infants and Children) and EBT (Electronic Benefit Transfer) accepted

[Elkhorn Farmers' Market](#), Towne Center, Watt Avenue and Elkhorn Boulevard, North Highlands, 8 am to noon

## Around Twin Rivers

The **Foothill High School Mustangs** vs Oakmont Vikings football game has been selected for the **KCRA Game of the Week** for Friday, September 11. The community is invited to join the celebration beginning with a tailgate party at 4:30 pm at the **Foothill High School Stadium** parking lot. Students in grades K-12 who participate in the tailgate party will be given free admission tickets to the game which begins at 7:30 pm.

The playground structure near **Castori Elementary** was recently damaged by fire. Plans are being made to replace the equipment. **Principal Patrick Birdsong** is accepting donations at the school office, 1801 South Avenue, Sacramento, CA 95838 or call 916.263.8355.

**Strauch Elementary** will host a ribbon cutting ceremony on Tuesday, September 15 for a brand new XRKade (interactive fitness system) they were awarded after being named the **Governor's Council on Physical Fitness and Sports' Elementary School of the Year**. Congratulations to all the students and staff at Strauch Elementary.

**Highlands Academy of Arts & Design** has a new woodshop thanks to the hard work of the **school site staff** and the **Twin Rivers Facilities Planning and Construction Department**. The project included the installation of air scrubbers, electrical and air reels, and clerestory glazing as well as a fresh coat of paint. Students will be using the workshop to build electric guitars.

Donations are being collected for the **Elementary Schools' Soccer and Kickball Jamboree** which will be held at Foothill High School on Saturday, September 26 beginning with a **free Pancake Breakfast** from 7:30 to 9 am and continuing with activities and games from 9 am to 2 pm. To make a donation, please call our **Director of Student Activities, Gewon Richards** at 916.566.1600 x 1264.

**Smythe Academy of Arts and Sciences** will have a **Flea Market** on Saturday, October 10 from 7:30 am till noon featuring donated and new items. If you would like to sell your own items, tables are available to rent for \$20. The Flea Market will be at Smythe Academy of Arts and Sciences (elementary campus), 2781 Northgate Boulevard, Sacramento. For more information, please call **Vera Morris** at 916.449.8622.

Those interested in volunteering as **elementary athletic program coaches** may call **Gewon Richards, Director of Student Activities**, at 916.566.1600 x 1264.

Our **Facilities Planning and Construction Department** is sponsoring a bus trip on Sunday, October 25 to the Oakland Raiders vs. New York Jets football game. Proceeds will benefit the **Grant High School Sports Health Academy**. [Click here](#) for details.

**Twin Rivers employees** who want to make changes to their current **medical/benefit plans** are encouraged to attend one of two workshops at the District Office, 5115 Dudley Boulevard, Bay A. Mark your calendar for Monday, September 21, from 8 to 10 am or Friday, September 25, from 3 to 6 pm. Medical/benefit providers will be available to answer questions and review plan options. Payroll benefit technicians will assist employees with paperwork. Those employees not making any medical/benefit plan changes do not need to attend or complete any paperwork. Additional information is being sent from CalPERS to employees' home addresses.

The **Grant Union High School Class of 1984** will celebrate its 25th Class Reunion on September 18 through 20. [Click here](#) for class reunion information.

There's been a lot in the news about this year's **H1N1 flu virus**. Twin Rivers has a dedicated planning team

including staff involved with emergency preparedness, wellness, nursing, communication and business support as well as family and community involvement. We are also working closely with our County Office of Public Health and other area districts to share best practices and ideas. We have special cleaning supplies at school sites and a cleaning team ready to deploy to any school or department that needs assistance. We have shared information in staff trainings and meetings and developed extensive emergency preparedness and communication plans in case of a major outbreak. For more information about what you can do to help prevent all flu viruses, please visit the [special section](#) of our web site created last spring and updated as new information emerges.